Wear appropriate shoes or boots Take water Watch for poison ivy Please tell us where you're going!

Mountain Top Trail 20 to 30 Minutes Red Arrows Easy
Encircles top of property. Look for Mountain Top Trail sign on railing of Studio, left of
dining hall. Trail winds around left and below lodges and amphitheater, passes through
pasture, comes out at Wildacres garden. Walk up gravel drive to barn below Gazebo.

Azalea Trail 30 to 45 Minutes Dark Blue Arrows Easy
Connects Mountain Top Trail and gravel road. Look for Azalea Trail sign going
downhill from Mountain Top Trail. Comes out on gravel road above gravel driveway.

Loop Trail 1 to 1.5 hours White Arrows Easy Gradual downhill, gradual climb back. Take Mountain Top Trail to Azalea Trail to gravel road. Go left to gravel driveway (#741) on right. Follow driveway to Loop Trail sign on left. go back to gravel road, turn left and walk back up to Wildacres.

CascadeTrail 2 to 2.5 hours Light Blue Arrows Moderate
Follow Loop Trail directions down gravel driveway, pass Loop Trail sign to Cascade
Trail sign farther down on left. At the open field follow O'Dear Trail sign to Wildacres
Road near the chimney. Turn left and take gravel road back up to Wildacres.

Deer Lick Gap Trail 2.5 to 3 hours Orange Arrows Moderate
Steep in places, gaining 300 ft in elevation. Take paved driveway, turn right on gravel
road. Where road is paved look for logging road on left with chain and white pipe across
it. Follow trail to Deer Lick Gap Overlook on the Blue Ridge Parkway. Turn right on
the Parkway, go through tunnel (take a flashlight) then right on Wildacres Road and back
to the entrance at paved driveway.

Rose's Creek Trail 2.5 to 3 hours Yellow Arrows Difficult
Very steep. Take Mountain Top Trail to Azalea Trail to gravel road to gravel driveway
(#741) and look for Rose's Creek Trail sign immediatly on your right. Go downhill all
the way to the creek. Come back up the same way or arrange for a car pick-up and walk
fairly level for another 1.5 miles to the fish hatchery.

Three Knobs Trail 3 to 3.5 hours one way White Blazes Most Strenous Four hard climbs. Follow Deer Lick Trail to Deer Lick Gap. Look for double white blazes to the left of a fallen log. Trail comes out on the Blue Ridge Parkway just beyond Three Knobs overlook at Crabtree Meadows sign. Turn right to return by the Parkway or arrange for car pick-up.

